

**SWVAC 2019 Cross Country Championships - Sidford 27/01/2019**

Position	Time	FIRST NAME	SURNAME	CAT	SEX	1st CLAIM CLUB	SWVAC	Race No.
1	22.34	Richard	Davidson	M40-44	M	City of Salisbury AC	Y	7
2	22.38	Darren	Garman	M45-49	M	Bristol & West AC		12
3	22.49	Nigel	Gates	M65-69	M	Westbury Harriers	Y	43
4	23.14	Eddie	O'Gorman	M45-49	M	City of Salisbury A.C	Y	14
5	23.46	Paul	Rose	M55-59	M	Maiden Newton Runners	Y	22
6	23.48	Langdon	Williams	M50-54	M	Exmouth Harriers	Y	18
7	23.56	Timothy	White	M40-44	M	Bristol & West AC	Y	8
8	24.26	Martyn	Breslan	M40-44	M	Torbay AC		11
9	24.31	Mark	Davidson	M50-54	M	East Cornwall Harriers	Y	19
10	24.35	David	Wilkinson	M55-59	M	South West Vets AC	Y	27
11	24.37	David	Wilcox	M50-54	M	South West Vets AC	Y	17
12	24.40	Antony	Hall	M40-44	M	Sidmouth Running Club		6
13	24.47	Steve	Weeks	M40-44	M	Torbay AC		9
14	25.01	Charlie	Pantlin	M40-44	M	Bristol & West AC		10
15	25.29	Ian	Lynch	M55-59	M	Haldon Trail Runners		23
16	25.36	John	Shapland	M65-69	M	Bideford AC	Y	42
17	25.48	Hannah	Bown	W40-44	W	Exmouth Harriers	Y	70
18	26.04	Anthony	Raine	M45-49	M	Torbay AC		13
19	26.11	Adam	Stobbs	M45-49	M	Exeter Harriers		15
20	26.14	Ken	Ham	M55-59	M	Westbury Harriers	Y	26
21	26.16	Hugh	Marsden	M55-59	M	Exmouth Harriers	Y	24
22	26.49	Ian	Lamerton	M50-54	M	South West Vets AC	Y	16
23	27.38	Marilyn	Blair	W55-59	W	Torrington AC	Y	78
24	27.38	Ian	Barnes	M70-74	M	Poole Runners	Y	53
25	27.50	Jenny	Reay	W60-64	W	Exmouth Harriers		92
26	28.30	Karen	Shapland	W35-39	W	Bideford AC	Y	63
27	29.07	Graham	Newton	M70-74	M	Axe Valley Runners	Y	55
28	29.08	Paul	Williams	M55-59	M	Taunton AC		21
29	29.09	Claire	Davidson	W50-54	W	Tamar Trotters	Y	77
30	29.13	Kelly	Thomas	W40-44	W	Exmouth Harriers		68
31	29.13	John	Horton	M70-74	M	Newquay & Par AC	Y	52
32	29.14	David	King	M65-69	M	South West Vets AC	Y	40
33	30.03	Bob	Chapman	M70-74	M	Tavistock AC	Y	56
34	30.05	Bill	Oakley	M65-69	M	Lytchett Manor Striders	Y	38
35	30.06	Raymond	Summerfield	M70-74	M	South West Vets AC	Y	57
36	30.10	Rob	Edwards	M65-69	M	Sidmouth Running Club		44
37	31.07	Felicity	Russell	W60-64	W	Bristol & West AC	Y	91
38	31.16	Naomi	Garrick	W50-54	W	Sidmouth Running Club		76
39	31.21	Kate	Johnston	W50-54	W	Sidmouth Running Club		74
40	31.41	Ian	Thompson	M65-69	M	Devizes Running Club	Y	45
41	31.55	Ray	Elston	M75+	M	Exmouth Harriers	Y	60
42	31.57	Chloe	Thomas	W40-44	W	Newquay and Par AC		69
43	32.07	Anne	Dockery	W70-75	W	Bristol & West AC	Y	99
44	32.12	Olivia	Higginson	W35-39	W	Honiton Running Club		64
45	32.18	Paula	Farrand	W45-49	W	Sidmouth Running Club		72
46	32.30	Tracey	Bosworth	W50-54	W	South West Vets AC	Y	75
47	32.32	Margaret	Thompson	W60-64	W	Devizes Running Club	Y	90
48	32.43	Susan	Lyle	W55-59	W	Brixham Harriers		80
49	33.21	John	Kavanagh	M55-59	M	South West Road Runners	Y	25
50	33.22	Dawn	Teed	W55-59	W	Exmouth Harriers	Y	79
51	33.43	Irene	Hewings	W60-64	W	Torbay AC		89
52	33.56	Nigel	Harding	M60-64	M	Poole AC	Y	32

53	34.19	Roger	Webb	M60-64	M	South Devon AC		29
54	34.55	Bryan	Short	M65-69	M	Erme Valley Harriers	Y	37
55	37.09	John	Drennan	M60-64	M	South Devon AC		31
56	37.27	Bert	Dykema	M55-59	M	Sidmouth Running Club		20
57	40.17	David	Eveleigh	M65-69	M	Exmouth Harriers	Y	46
58	40.32	Emma	Grainger	W65-69	W	Sidmouth Running Club		95
59	46.17	Les	Turner	M75+	M	Exmouth Harriers	Y	61